

SOLDA: Michigan Cup Relay

Date: Sun, Mar 10, 2013

Time: 11:00 AM

Where: Cross Country Ski Headquarters, Higgins Lake, MI

What: A Michigan Cup Relay Race with 3 skiers per team: 2 legs freestyle, one leg classic; approximately 8km per leg for freestyle and classic.

Current NOAA Forecast:

Tonight: Areas of fog after 1am. Otherwise, mostly cloudy, with a low around 10. Northwest wind around 5 mph becoming calm in the evening.

Friday: Areas of fog before 9am. Otherwise, cloudy, then gradually becoming mostly sunny, with a high near 40. Calm wind becoming south around 5 mph in the afternoon.

Friday Night: Mostly clear, with a low around 20. South wind around 5 mph.

Saturday: A 20 percent chance of rain after 1pm. Partly sunny, with a high near 41. South wind 5 to 10 mph.

Saturday Night: Rain likely. Cloudy, with a low around 33. South wind around 10 mph. Chance of precipitation is 70%.

Sunday: Rain likely. Cloudy, with a high near 42. Chance of precipitation is 60%

It looks like a wet one.

Skis: I would pick a pair with some tip splay, short contact zone, plus base and a grind for wet snow.

SOLDA GLIDE WAX:

Base: Start with Solda FC27 ironed and scraped. This will add some carbon and some fluoro to the base. Then apply a layer of Solda UF7, scrape and brush. If you have a dice of Fluor Plus, rub on a layer now. Then apply the paraffin layer over it.

Paraffin: Solda F40 Carbon Yellow.

Top Coat: Solda Fluor 100. For the short race you could roto-cork this or use the spray. For these really wet conditions the Solda Fluor Gel also is a good top coat. PowerJet 5 is designed for wet, melting snow.

Structure: Added temporary structure is advised. Add the structure after the paraffin, before the fluor powders. I would use a broken v pattern starting 1/3 of the length of the ski back from the tip and apply it to the back 2/3 of the ski. Then apply a .04 linear from tip to tale.

Kick wax is likely to be a klister for wet, granular track.