

## Meijer State Games of Michigan Forbush Corner Freestyle

Frederic, Grayling, MI Saturday, January 31<sup>st</sup>, 2015 10:00 am 17Km Mass Start 10:30 am 8 Km Mass Start

http://nordicskiracer.com/event-details.asp?id=1808

Forecast/Conditions: Overnight low of 7°F, temperature at start of 16°F. Expect new snow mixed with hard packed snow. Expect mostly cloudy skies and blowing snow.

<u>Glidewax</u>: Apply LF Blue, scrape and brush, then apply HF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (20 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: NA

<u>Structure</u>: A fine linear structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Jing - Service

Check the WaxTip page at <a href="www.TokoUS.com">www.TokoUS.com</a> before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to <a href="www.TokoVideos.com">www.TokoVideos.com</a>.