

Waterford Mott Cross Country Classic - 5K

**Proceeds will benefit the
Waterford Mott Cross
Country Team**

Date: 09/30/2006

Time: 9:00am

Pre-register by: 09/25/2006

Entry fees:

- \$15.00 for pre-registered runners
- \$15.00 for Senior Racers
- \$20.00 race day registration

**Challenging Cross Country Course
at Waterford's scenic Hess-Hathaway
Park. Amenities include:
Indoor Restrooms
Extensive Playground for Children
Full Concessions**

**Contact: Ryan Robinson/Amy
Coughlin—WMCC Coaches**



PRIZES

Gift Certificate to
Overall Male and
Female Winner.
Age Group Awards.
T-shirts to all
participants.

Sponsored by:

RUNNIN' GEAR



WMCC
Parent
group

Hess-Hathaway Park
is located on
Williams Lake Rd
between
Cooley Lake and Elizabeth
Lake Roads.

*A Waterford Parks and
Recreation facility.
<http://twp.waterford.mi.us/>*

Mail form and entry fee to:

Waterford Mott High School
Cross Country Coach
1151 Scott Lake Road
Waterford, MI 48328

Phone: 248-674-4134
Fax: 248-674-2825
Email: ryrayrob@yahoo.com

Name

Address

Phone

T-shirt Size: S M L XL

Sex Age on race day

**I hereby release all sponsors, groups, agencies and
individuals connected with the Waterford Mott Cross
Country Classic from any and all liability for any injury
or damages whatsoever occurring or arising from my
participation in this event.**

Signature Date

Signature of parent or guardian if under 18 years of age. Date