



2009 State High School Nordic Skiing Championship



Michigan Tech Nordic Ski Trails, Houghton, Michigan

Saturday, February 14, 2009

Pursuit

- 10:00am Classic 5.0 km- Boys Interval-30 seconds
- 10:30am Classic 5.0 km – Girls Interval-30 seconds
- 2:30pm Freestyle 5.0km- Boys Gunderson Start
- 3:00pm Freestyle 5.0km- Girls Gunderson Start
- 6:00pm Dinner and Pursuit Awards at the Bluffs

Sunday, February 15, 2009

Sprints

- 9:30am Freestyle 1.0km Boys/Girls 15 Second Interval
- noon Freestyle 1.0km Elimination Rounds (Top 16 Boys/Girls)
- 2:00pm Sprint Awards at MTU Ski Trails

- **Entry Fee:** \$60 which includes 2 day trail pass, Saturday and Sunday race entry fees, State Championship T-shirt and Saturday night dinner.
- **Additional Saturday night dinner tickets available:** \$15 apiece includes main entree, beverages and dessert.
- **Additional trail passes** (\$10 per day) can be purchased at MTU Ski Trails' trailhead. Trail passes are only needed if spectators wish to ski the trails.
- **Make checks payable to:** "Copper Country Ski Tigers"
- **Registration Deadline:** Received by Monday, February 9, 2009 by 6pm.
- **Team requirements:** Maximum of 6 girls and 6 boys per team. Top 4 girls and top 4 boys for each team score. Schools may have more than one team entered. Teams of 1 skier are allowed. Each team's skiers must be evenly distributed in the 2 seeds.
- **"A" seed** – fastest skiers **"B" seed**- faster skiers
- **Awards:** Top 16 boys and girls in Saturday's pursuit. Top 16 boys and girls in Sunday's sprint.

2009 State High School Nordic Skiing Championship Registration Form (February 14-15)



Check One: ___ "A" seed – fastest skiers ___ "B" seed- faster skiers

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Age (As of 12/31/08): _____ M or F: _____

Team name: _____

Coach: _____



| Entry Fee Description | Fee | Amount | Amount Enclosed |
|--|------|--------|-----------------|
| Entry Fee for 2/14-2/15 which includes 2 day trail pass, Saturday and Sunday race entry fees, State Championship T-shirt and Saturday night dinner | \$60 | | |
| Additional Saturday night dinner tickets | \$15 | | |
| Total: (make checks payable to: Copper Country Ski Tigers) | | | |

By signing this Acknowledgement of and Assumption of Risk and Release as self or parent/guardian, I am consenting to the competitor's participation in competitive skiing and training. I acknowledge that I understand that any and all risk, whether known or unknown, is expressly assumed by me and all claims, whether known or unknown, are expressly waived in advance.



Competitor's signature: _____ Date: _____

Parent/Guardian signature: _____ Date: _____

(if competitor is under 18 years of age)

Registration forms must be received by Monday, February 9, 2009 by 6pm.

Return entry and entry fee to:
 Shawn Oppliger
 Mail: 1421 Copper Dr. Hancock, MI 49930
 Email: shawnoppliger@chartermi.net
 Fax: 906-482-1931

