

Black Mountain Nordic Classic

Black Mountain - Cheboygan, MI Saturday March 3, 2012 10 am, Mass Start Classic 31 Km and 10 Km Classic or Freestyle 1 Lap http://www.nordicskiracer.com

Forecast/Conditions: Expect a soft track with new and blowing snow. Friday evening temps are expected to dip to 28°F, with race time temperatures between 30 °F and 32°F with falling snow.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Red, scrape and brush. Finish by rotocorking JetStream Red, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Green, smooth, let cool. Apply 2 short layers of Nordic Gripwax yellow followed by 2 longer layers of Nordic Gripwax Red. Cover with 1 layer of Nordic Gripwax yellow to improve kick if needed.

Structure: A universal grind covered by one pass with the Red Structurite tool, before JetStream application, will best suit these conditions.

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Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to www.TokoVideos.com.