



Swix Racing Service

Wax Recommendation

Event

Michigan Cup Relays Race, Cross Country Ski Headquarters, Roscommon, MI. Sunday, March 10th, 8k classic/8k skate/8k skate

Forecast

Saturday high temperature near 43F, overnight low of 32F. Race time temperatures expected to be around 36F. Cloudy with a 40% chance of rain.

Structure

Medium to Coarse grinds with .75MM Broken V structure roller applied after final waxing for skating legs, 1.0MM Linear Super Riller applied before final waxing for classic leg is recommended.

Glide Wax

Base Layer- MB77
LF Layer- LF8
HF Layer- HF8BW
Cera F Layer- FC10X Cera Powder or FC10XWS Warm Turbo Solid
Cera F Velocity Enhancer Layer- FC80L HVC Warm Liquid

Kick Wax

Binder Layer- KX30, apply very thin layer
Mid Layer- KX45, apply thin layer
Kicking Layer- KX75