

Ohio Nordic Championships

Sunday  
January 26, 2014

Girdled Road Reservation  
Lake Metroparks – Concord, OH

**OHIO NORDIC CHAMPIONSHIP 5K/5K Pursuit**

<b>MEN</b>	<b>OVERALL</b>	<b>HOMETOWN</b>	<b>AGE</b>	<b>CLASSIC 5K</b>	<b>SKATE 5K</b>	<b>TOTAL 10K</b>
1	SCHAEFER, Michael	Grafton, OH	41	0:21:07	0:19:07	0:40:14
2	HOLE, Jay	Shaker Heights, OH	55	0:22:49	0:20:08	0:42:57
3	FOLEY, Mike	Rocky River, OH	59	0:23:34	0:19:52	0:43:26

<b>WOMEN</b>	<b>OVERALL</b>					
1	COOK, Olivia	Brecksville, OH	17	0:31:01	0:28:29	0:59:30
2	JARVIS, Naomi	Pittsburgh, PA	47	0:37:23	0:33:08	1:10:31
3	WRIGHT, Gwen	Cleveland Heights, OH	13	0:39:17	0:37:10	1:16:27

**AGE GROUP RESULTS**

<b>MEN</b>	<b>JUNIOR MEN</b>					
1	APTE, Sameer	Shaker Heights, OH	16	0:23:10	0:22:14	0:45:24
2	SCHNEIDER, Will	Cleveland Heights, OH	14	0:30:05	0:25:01	0:55:06
3	WADSWORTH, Colin	Avon Lake, OH	14	0:36:39	0:28:18	1:04:57
<b>MEN 30-39</b>						
1	CORNWELL, Andy	Lakewood, OH	36	0:30:00	0:26:12	0:56:12
<b>MEN 40-49</b>						
*	SCHAEFER, Michael	Grafton, OH	41	0:21:07	0:19:07	0:40:14
1	HANNIBAL, Craig	Pepper Pike, OH	42	0:27:32	0:20:18	0:47:50
2	HUANG, Ray	Cleveland Heights, OH	48	0:26:08	0:28:24	0:54:32
<b>MEN 50-59</b>						
*	HOLE, Jay	Shaker Heights, OH	55	0:22:49	0:20:08	0:42:57
*	FOLEY, Mike	Rocky River, OH	59	0:23:34	0:19:52	0:43:26
1	APTE, Suneel	Shaker Heights, OH	51	0:24:42	0:21:17	0:45:59
<b>MEN 60+</b>						
1	SPEECE, Bill	Ellsworth, Ohio	60	0:30:13	0:29:55	1:00:08
2	PINCHAK, Alfred	Shaker Heights, OH	78	0:55:17	0:57:33	1:52:50

<b>WOMEN</b>	<b>Junior Women</b>	<b>HOMETOWN</b>	<b>AGE</b>	<b>CLASSIC 5K</b>	<b>SKATE 5K</b>	<b>TOTAL 10K</b>
*	COOK, Olivia	Brecksville, OH	17	0:31:01	0:28:29	0:59:30
*	WRIGHT, Gwen	Cleveland Heights, OH	13	0:39:17	0:37:10	1:16:27
<b>1</b>	SEGER, Amelia	Gates Mills, OH	13	0:41:15	0:40:08	1:21:23
<b>WOMEN</b>	<b>40-49</b>					
*	JARVIS, Naomi	Pittsburgh, PA	47	0:37:23	0:33:08	1:10:31

## OVERALL RESULTS

	<b>NAME</b>	<b>HOMETOWN</b>	<b>AGE</b>	<b>CLASSIC 5K</b>	<b>SKATE 5K</b>	<b>TOTAL 10K</b>
Men	SCHAEFER, Michael	Grafton, OH	41	0:21:07	0:19:07	0:40:14
Men	HOLE, Jay	Shaker Heights, OH	55	0:22:49	0:20:08	0:42:57
Men	FOLEY, Mike	Rocky River, OH	59	0:23:34	0:19:52	0:43:26
Men	APTE, Sameer	Shaker Heights, OH	16	0:23:10	0:22:14	0:45:24
Men	APTE, Suneel	Shaker Heights, OH	51	0:24:42	0:21:17	0:45:59
Men	HANNIBAL, Craig	Pepper Pike, OH	42	0:27:32	0:20:18	0:47:50
Men	GRIFFITH, Conrad	Chagrin Falls, OH	53	0:25:49	0:23:27	0:49:16
Men	CONEY, Aims	Stow, MA	59	0:29:32	0:23:18	0:52:50
Men	HUANG, Ray	Cleveland Heights, OH	48	0:26:08	0:28:24	0:54:32
Men	SCHNEIDER, Will	Cleveland Heights, OH	14	0:30:05	0:25:01	0:55:06
Men	CORNWELL, Andy	Lakewood, OH	36	0:30:00	0:26:12	0:56:12
Women	COOK, Olivia	Brecksville, OH	17	0:31:01	0:28:29	0:59:30
Male	SPEECE, Bill	Ellsworth, Ohio	60	0:30:13	0:29:55	1:00:08
Men	WADSWORTH, Colin	Avon Lake, OH	14	0:36:39	0:28:18	1:04:57
Women	JARVIS, Naomi	Pittsburgh, PA	47	0:37:23	0:33:08	1:10:31
Women	WRIGHT, Gwen	Cleveland Heights, OH	13	0:39:17	0:37:10	1:16:27
Women	SEGER, Amelia	Gates Mills, OH	13	0:41:15	0:40:08	1:21:23
Men	PINCHAK, Alfred	Shaker Heights, OH	78	0:55:17	0:57:33	1:52:50

## 2.5K PURSUIT

	<b>OVERALL</b>		<b>AGE</b>	<b>CLASSIC 2.5K</b>	<b>SKATE 2.5K</b>	<b>TOTAL 5K</b>
<b>MEN</b>						
<b>1</b>	FENN, James	Pittsburgh, PA	13	0:16:33	0:15:57	0:32:30
<b>2</b>	DEL RINCON, Rodrigo	Westlake, OH	10	0:26:00	0:30:54	0:56:54
<b>WOMEN</b>	<b>OVERALL</b>					
<b>1</b>	HANNIBAL, Sarah		42	0:25:33	0:18:12	0:43:45

**5K CLASSIC**

<b>MEN</b>	<b>OVERALL</b>		<b>AGE</b>	<b>TIME</b>
1	OBRYAN, Steve		59	0:27:49
2	WADSWORTH, Phillip		57	0:34:32
3	RUZICS, Thomas		58	0:40:35
<b>WOMEN</b>	<b>OVERALL</b>			
1	HAMILTON, Megan	Brecksville, OH	17	0:33:29
2	OBRYAN, Nancy		59	0:44:33
3	RUZICS, Eva		16	0:49:25

**5K SKATE**

<b>MEN</b>	<b>OVERALL</b>			
1	SCHULD, John		56	0:22:10
2	COYLE, Dan		48	0:27:59
3	HACH, John	Bainbridge, OH	57	0:31:35
<b>WOMEN</b>	<b>OVERALL</b>			
1	COYLE, Katie		15	0:32:05
2	USTIN, Ella		12	0:35:40
2	COYLE, Zoe		11	0:35:40
<b>MEN</b>	<b>Junior Men</b>			
1	RUZICS, T		15	0:31:59
<b>MEN</b>	<b>40-49</b>			
*	COYLE, Dan		48	0:27:59
1	SCACHERI, Pete		41	0:32:43
<b>MEN</b>	<b>50-59</b>			
*	SCHULD, John		56	0:22:10
*	HACH, John	Bainbridge, OH	57	0:31:35
<b>WOMEN</b>	<b>Girls 12-19</b>			
*	COYLE, Katie		15	0:32:05
*	USTIN, Ella		12	0:35:40
1	COYLE, Lia		13	0:37:34
<b>WOMEN</b>	<b>Girls 8-11</b>			
*	COYLE, Zoe		11	0:35:40
1	HUANG, Audrey		11	0:42:32

### 2.5K CLASSIC

<b>MEN</b>	<b>OVERALL</b>		<b>AGE</b>	<b>TIME</b>
<b>1</b>	SCACHERI, Cameron		9	0:37:47
<b>WOMEN</b>	<b>OVERALL</b>			
<b>1</b>	SCHAEFER, Julia		11	0:31:20
<b>2</b>	HENELY, Lydia		9	0:31:20
<b>3</b>	TEREBUH, Pauline	Shaker Heights, OH	47	0:33:59
<b>WOMEN</b>	<b>JUNIOR GIRLS</b>			
<b>*</b>	SCHAEFER, Julia		11	0:31:20
<b>*</b>	HENELY, Lydia		9	0:31:20
<b>1</b>	HENELY, Grace		8	0:34:39
<b>WOMEN</b>	<b>Women 40+</b>			
<b>*</b>	TEREBUH, Pauline	Shaker Heights, OH	47	0:33:59

### 2.5K SKATE

	<b>Girls</b>			
<b>1</b>	SCHNEIDER, Kara		12	0:21:31
	<b>Boys</b>			
<b>1</b>	USTIN, Niko		8	0:35:40

### 1K BUNNYRABBIT SCRAMBLE

<b>1</b>	USTIN, Anya		4	0:04:30
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