

WAX RECOMMENDATION

2008 North American VASA: Timber Ridge Resort Traverse City, Michigan - Saturday, Feb. 9th

ForeCast: Friday night low 21F. Saturday high 29F. New Snow is in the forecast.

Base Prep: Clean skis with CH10 or BP99 (Nordic Base Prep) scrape and brush using Course Bronze Brush.

Structure: Linear - Swix Super Riller using the .5mm blade. Apply structure after waxing and brushing.

GLIDE WAX - FAST

Base Race Wax: Apply CH7, scrape and brush using SWIX Medium Bronze Brush (T1620) or SWIX Fine Steel Brush (T0192). Polish using SWIX Blue Nylon (T160). And/Or **Race Wax:** NEW SWIX BLUE GLIDE - F6L Liquid

GLIDE WAX - FASTER

Race Wax: Apply LF7, scrape and brush using SWIX Medium Bronze Brush (T1620) or SWIX Fine Steel Brush (T0192). Polish using SWIX Blue Nylon Brush (T160).

GLIDE WAX – WICKED FAST

Base Race Wax: Apply HF8, scrape and brush using SWIX Medium Bronze Brush (T1620) or SWIX Fine Steel Brush (T0192). Polish using SWIX Blue Nylon (T160).

Race Wax: Apply FC7 Powder. FC7 is ironed twice during application. Ironed, brushed back

to powder form, and ironed again. Brush up using SWIX Stiff Black Nylon Brush (T0194) or NEW SWIX Wild Boar (T0164) after 1st ironing. After 2nd ironing, brush out with using SWIX Stiff Black Nylon Brush (T0194) or NEW SWIX Wild Boar (T0164). Final brush with SWIX Blue Nylon Brush (T0160).

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Race Wax: Apply FC1 Solid with Iron for durability and brush out using Horsehair then Fine Nylon brushes.

* FC1 Solid could be hand-corked in and brushed out with Fine Nylon Brush

KICK WAX

Base Kick Wax: Apply a thin layer of VG35 Base Wax (iron in or use heat gun) & cork smooth. This layer will add durability and act as a cushion. **Race Wax:** Apply multiple thin layers of VR40 or V40 Blue Extra and cork in each layer. If extra grip needed cover with short thin layer of VR45 or V45 Violet Extra and cork smooth.

For detailed application instructions check out the



Swix School of Waxing at