

Michigan High School Nordic Ski Championship
Hosted by: Traverse City Nordic Ski Team
Location: Hickory Hills Ski Area
2000 Randolph Street, Traverse City, Michigan 49684
Date: February 28-29, 2020

Schedule

Friday 2/28:	11:30 a.m.	Coaches' meeting at Hickory Hills Ski Area
	1:00 p.m.	Freestyle Sprint 1k boys/girls
Saturday 2/29:	9:00 a.m.	Classic Pursuit 5k; boys/girls
	11:00 a.m.	Middle School Classic Race 3k; mass start
	1:00 p.m.	Freestyle Pursuit 5k; girls/boys
	6:30 p.m.	Awards Banquet Immaculate Conception Elementary School Gym 314 Vine Street Traverse City, MI 49684

Entry Fee/High School: \$70

Includes racer entry fee, banquet, and long sleeve technical shirt

Additional banquet tickets for family/friends: \$20/person

Additional technical shirts: \$15

Entry Fee/Middle School: \$5

Includes racer entry fee

Contact info:

Registration: Pamela Jean: pamela2jean@gmail.com or 231-633-4663

Coach: Ruth Oppliger: oppligerru@tcaps.net or 906-231-7084

Lodging:

Bayshore Resort has reserved a block of 20 rooms; there is a wax room available at this hotel.
800-634-4401.

There are numerous other hotels conveniently located within 2-3 miles of Hickory Hills.

Hospitality Table:

Limited snacks will be provided for skiers. Saturday lunch will be provided for coaches.

Hickory Hills has a cafeteria with a wide variety of food/beverages for sale.

The 3 Michigan High School Championship races will be scored as GLD Eastern U-16 (J2) Championship qualifiers.

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Skier Entry Form

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ email: _____

Age (as of 12/31/19): _____ Birthdate: _____ Gender: M F Grade: _____

Team/Club: _____

Technical Shirt size (circle one) XS (32-34) S (35-37) M (38-40) L (41-43) XL (44-46)

Fees:

Entry Fee High School (includes racer entry fee, banquet, and long sleeve technical shirt): \$70

Entry Fee Middle school (includes race entry fee): \$5

Additional banquet tickets @ \$20 # _____ x \$20 = \$ _____

Additional technical shirts @\$15 size: _____ # _____ x \$15 = \$ _____

size: _____ # _____ x \$15 = \$ _____

size: _____ # _____ x \$15 = \$ _____

Total amount enclosed (entry fee plus additional banquet tickets & shirts): \$ _____

Make check payable to **TC Central Athletic Boosters**

Skier entry forms, fee payment and team roster (one per team submitted by coach)

Due Saturday February 8, 2020

Mail to: Nordic Ski State Championships
c/o Pamela Jean
7901 Morningstar Ln
Suttons Bay, MI 49682

Waiver and Release Agreement (complete one per skier)

In consideration of myself and/or my minor child being permitted to participate in any way in the Michigan High School Nordic Ski Championship on February 28-29, 2020 (the "Event"), I represent that I do, on behalf of myself or my child: (1) acknowledge, agree and represent I fully understand the nature of Nordic skiing and the Event and that I/my child are qualified, in good health, and in proper physical condition to participate in such activity; (2) I fully understand that participating in the Event involves risks and dangers of serious bodily injury, up to and including death, and that these risks and dangers may be caused by my/my child's own actions or inactions, or the actions/inactions of others participating in the Event, and/or the condition of the property on which the Event takes place; (3) I hereby agree, for myself/my child to hold harmless, release, discharge and covenant not to sue the Michigan High School Nordic Skiing Championships, Hickory Hills Ski Area, the Traverse City Central Nordic Ski Team, or any other entity involved in putting on the Event or who owns property associated with the Event, and including said organizations' officers, directors, employees, agents, volunteers, and sponsors (each considered the "Releasees"), from all liability, claims, demands, losses, or damages on my/my child's account caused or alleged to be caused in whole or in part by the acts or omissions of the Releasees, whether said act or omission is deemed negligent, intentional or otherwise. I fully accept all such risks and responsibility for losses, costs, damages I/my child incur as a result of my child's participation in the Event. My signature signifies that I fully understand and agree to be bound by this Waiver and Release Agreement for myself and child, and agree that if any portion of this Agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Signature: _____ Date: _____

Parent Signature (if child is under 18): _____ Date: _____