

WAX RECOMMENDATION

EVENT

Subaru Noquemanon Ski Marathon – Saturday, January 26th, 2008

Forecast: Friday night low 17F.

Base Prep: Clean skis with SWIX Base Prep - scrape and brush using SWIX Course Bronze Brush(T0158) or SWIX Fine Steel Brush (T0192). Apply a layer of NEW SWIX MB77 Molly Base Prep. Scrape and brush. Clean kick zone with Swix base cleaner and Fiberlene, sand kick zone with 100grit sandpaper

Structure: Fine Linear. Use SWIX Super Riller (T401) and fine .5mm blade

GLIDE WAX - FAST

Base Race Wax: Apply SWIX CH6, scrape and brush using Course Bronze Brush

GLIDE WAX - FASTER

Race Wax: Apply SWIX LF7, scrape and brush using Course Bronze Brush (T0158)

GLIDE WAX - WICKED FAST

Base Race Wax: Apply SWIX HF7, scrape and brush using Course Bronze Brush Race Wax: Apply FC7 Powder..FC7 is ironed twice during application. Ironed, brushed back to powder form, and ironed again. Brush up using SWIX Stiff Black Nylon Brush (T0194) or NEW SWIX Wild Boar (T0164) after 1st ironing. After 2nd ironing, brush out with using SWIX Stiff Black Nylon Brush (T0194) or NEW SWIX Wild Boar (T0164). Final brush with SWIX Blue Nylon Brush (T0160).

KICK WAX

Base Kick Wax: Apply a thin layer of VG35 Base Wax (iron in or use heat gun) & cork smooth. This layer will add durability and act as a cushion.

Race Wax: Apply multiple thin layers of SWIX VR40 or SWIX V30 and cork in each layer. If extra grip needed cover with short thin layer of VR45 or V40 Blue Extra and cork smooth.

For detailed application instructions check out the Swix School of Waxing at

